

2018



AIHA

Protecting Worker Health
Alberta Local Section

PROFESSIONAL DEVELOPMENT
CONFERENCE, ANNUAL
GENERAL MEETING AND
SYMPOSIUM

EDMONTON, AB

**Just
Announced!**

A special closing speaker on Mental Toughness. Come and learn how to enhance your confidence, overcome adversity, and get inspired to take on new challenges! This session will leave you reenergized and set to take on your next hour or your next life adventure.

ALBERTA SPRING CONFERENCE 2018

OFFICE ERGONOMICS

Linda Miller, EWI Works



Description:

The course will overview basic concepts related to office ergonomics. The goal of the course is to help support industrial hygienists that may be required to complete assessments or provide feedback/support on an office ergonomic concern.

The course will reflect current literature, best practices in industry and the current revisions highlighted in the updated CSA standard on office ergonomic guidelines that was just recently released.

Learning Objectives:

- Develop an understanding of musculoskeletal injury (MSI) risks and strategies to minimize risk
- Learn how to identify ergonomic concerns and apply strategies to minimize work station set up concerns
- Understand the basic principles of ergonomic equipment selection
- Develop an understanding of new issues that are arising in office ergonomics including: sit/stand work stations, computer vision syndrome and the impact of LED lighting.

Take-Home Materials:

Participants will be emailed a link to all the handouts one week prior to the course. Additionally, participants will be given free access to EWI Works' Ergo Insights, Ergo Office App and Telehealth App.

PDC

Instructor Bio:

Linda Miller (OT(C), OTD, MEDes, CCPE, CPE) is President and Certified Occupational Therapist/Ergonomist at EWI Works International Inc. in Edmonton. Linda established EWI Work in 1991 with the goal to provide education and consulting services to employers in order to prevent workplace injury and improve employee performance. The organization specializes in government, healthcare, utilities, forestry, mining and manufacturing in both office and industrial ergonomics.

For two decades, Linda has presented at health & safety conferences and teaches regularly at the University of Alberta where she holds an appointment in the Faculty of Medicine in the Division of Preventive Medicine. Also an adjunct professor with the Faculty of Rehabilitation Medicine. She has also holds an appointment as an instructor in the Faculty of Extension where teaches the Fundamental of Ergonomics which has recently become an online course for student wishing to complete the certificate in Occupational Health and Safety at the University of Alberta. When not working Linda is very involved in sports and raising her family.

MARCH 28, 2018

<u>7:30 AM - 8:00 AM</u>	Continental Breakfast and Registration
<u>8:00 AM - 8:15 AM</u>	Welcome and Opening Remarks
<u>8:15 AM - 12:00 PM</u>	PDC with coffee/tea break
<u>12:00 PM - 1:00 PM</u>	Lunch & Networking
<u>1:00 PM - 5:00 PM</u>	PDC with coffee/tea break
<u>5:30 PM - 10:00 PM</u>	AIHA Social - The Lions Head Pub (PDC Hotel) Join us for the 2nd annual AIHA-AB Billiards Tournament!

SYMPOSIUM & AGM

MARCH 29, 2018

7:30 AM - 8:00 AM

Continental Breakfast and Registration

8:00 AM - 8:20 AM

Exhibits open, Welcome and Opening Remarks

8:20 AM - 8:50 AM

"Trends and How They Impact Industrial Hygienists" with Dan Curts, 3M

8:55 AM - 9:15 AM

"Urinary Metabolites in Welders" with Bernadette Quemerais, University of Alberta

9:15 AM - 9:35 AM

Morning Break & Networking

9:35 AM - 10:05 AM

"Identifying, Communicating and Controlling Chemical Hazards and Health Risks at jobsites having Concurrent or Simultaneous Operations (SimOp)" with Mike Phibbs, Chemscape

10:10 AM - 10:55 AM

"Regulating the Occupational Hygiene Profession in Alberta" with Michele Kutz and Mark Greene

11:00 AM - 11:20 AM

Coffee, Stretch & Networking

11:20 AM - 11:50 AM

"Mold in the Workplace" with Carolyn Wisdom

11:50 AM - 1:00 PM

Lunch & Networking

1:00 PM - 2:45 PM

Annual General Meeting*

2:45 PM - 3:00 PM

Afternoon Break & Networking

3:00 PM - 4:00 PM

"Mental Toughness - Living up to your Potential" with Debra deWaal, Safe & Sound

4:00 PM - 4:10 PM

Closing Comments

ALBERTA SPRING CONFERENCE 2018

*2017 Annual General Meeting minutes were sent out via email on February 23 to the membership.

VENUE & PRICING

TO REGISTER AND PAY ONLINE VISIT:

[HTTP://WWW.AIHA-AB.CA](http://www.aiha-ab.ca)

PDC (March 28 Only)

Local Section Member.....	\$300.00
Non-Member.....	\$400.00
Student.....	\$200.00

Symposium/AGM (March 29 Only)

Local Section Member.....	\$125.00
Non-Member.....	\$200.00
Student.....	\$100.00

PDC & Symposium/AGM (March 28 & 29)

Local Section Member.....	\$350.00
Non-Member.....	\$500.00
Student.....	\$250.00

RADISSON HOTEL EDMONTON SOUTH
4440 GATEWAY BLVD.
EDMONTON, AB
PHONE: 780-431-5818



PREFERRED ROOM RATES:

\$139/NIGHT OR \$149/NIGHT + APPLICABLE TAXES

PLEASE REFER TO AIHA CONFERENCE WHEN BOOKING

NOTE: CONFERENCE PRICE ROOMS ARE LIMITED

REGISTRATION DEADLINE: MARCH 23, 2018

Please email education@aiha-ab.com with any dietary requirements by March 23, 2018

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